

Fluffy Little Cowboys - bio

The women in Fluffy Little Cowboys are no angels. They're not cowboys either, for that matter, and they definitely aren't fluffy. What they are is a fiery, focused trio with an eclectic sonic concoction that's incredibly compelling but almost impossible to categorize.

Some call it alternative East Coast, but you'll also hear tinges of country, roots, trad, and blues. Then there's the rhythmic spoken word and punk rock piss-and-vinegar. Trying to identify every bit of influence in Fluffy Little Cowboys' music is like trying to point out every brushstroke of a mural or, more fittingly, every individual poke of a full-sleeve tattoo. That only matters to the artist; what matters to everyone else is the finished product, and Fluffy Little Cowboys' debut LP, *No Angel*, is a true tour-de-force.

The PEI-based band is comprised of Shelley Montreuil (vocals, guitar, clarinet, sax), Maureen Adams (bass, harmonies & percussion), and Keelin Wedge (fiddle, bass, guitar, harmonies).

With Montreuil coming from a jazz/blues background, Wedge being firmly rooted in the Island's traditional music scene and Adams being more of an alternative music buff, the three create new music that both reflects all three backgrounds and creates a whole new narrative at the same time.

The lyrical content on the trio's recent album, *No Angel*, is weighty, tackling complex and combustible subjects head-on. The references to topics like the 2016 Orlando nightclub shooting and violence against women hit like a musical Molotov cocktail; however, at their core is a message of empowerment, inclusion, and ultimately, living your life to the fullest, whatever that might look like.

Maureen and Shelley live in an RV most of the year which they plan to pack up and take across the country, bringing the Fluffy's powerful and engaging live performances far and wide. Their show is the musical equivalent of a firm shot in the arm from an old friend – somehow forceful but comforting at the same time.

Fluffy Little Cowboys are a lot of things, so don't waste your time trying to stuff them into a box. "We are whatever it is we are," Shelley offers – "no more, no less."

What they are is an edgy group of passionate performers making great music with a powerful and important message. No angels? Maybe it's just that their halos are a bit crooked...

Bio by Andrew King, Canadian Musician Magazine